

# OLD SAINT MARY'S CATHEDRAL & CHINESE MISSION

THE OLD CATHEDRAL OF SAINT MARY OF THE IMMACULATE CONCEPTION (1854)

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## PARISH MISSION STATEMENT

Old Saint Mary's Cathedral & Chinese Mission is a culturally diverse Catholic community which seeks to evangelize in the light of the Gospel of Jesus Christ.

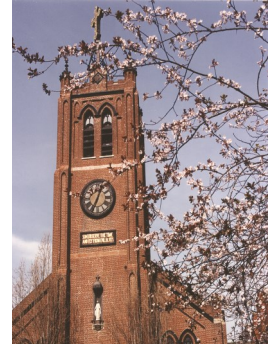


A MINISTRY OF THE PAULIST FATHERS



## OLD SAINT MARY'S, built in 1854 as California's first Cathedral,

was the first Cathedral to be named in honor of the dogma of the Immaculate Conception. The Paulist Fathers were given Pastoral responsibilities of Old St. Mary's in 1894 and have faithfully ministered to the people of Chinatown, Nob Hill and the Financial District ever since. A Survivor of the 1906 earthquake and fire, this major historical landmark has been retrofitted to meet new seismic codes; however, we must now comply with the American Disability Act and refurbish the interior of this beautiful old cathedral. Your prayer and financial support today will help save this beautiful landmark, preserve its rich history, and continue the welcoming presence of Old Saint Mary's Cathedral and Chinese Mission.



## LITURGY SCHEDULE

**Tuesday - Friday** : 12:05PM

**Saturday** : 5:00PM Vigil Mass

**Sacrament of Reconciliation** - (by appointment only)

**Sunday** : 9:00AM

11:00AM - Bilingual Mass\*

(\*Cantonese & English)

**Livestreamed on YouTube\***

## PASTORAL TEAM

**Pastor:** Fr. John Ardis, CSP

Deacon Simon Tsui

## Senior Priests In Residence:

Fr. Joe Scott, CSP | Fr. Richard Chilson, CSP

Fr. Tom Tavella, CSP | Fr. Michael Evernden, CSP

Fr. Steve Bossi, CSP

**Parish Receptionist:** Pia Lim

**Admin. & Adult Faith Formation:** Rachael Smit

## OFFICE HOURS

Monday - Friday 9:00 A.M. - 2:00 P.M.

For more information on the sacraments call the parish office at 415-288-3800.



# WELCOME TO OLD SAINT MARY'S CATHEDRAL

## THE ELEVENTH COMMANDMENT: "THOU SHALT NOT BE GRUMPY!"

A Reflection by Paulist Father Joe Scott

I'm a grumpy old man. My computer does something to anger me just about every day. Moreover, my computer doesn't care about my feelings. If I hit it in frustration, it will cost me a sore hand, and money for repairs.

So, I pass my anger on to the people with whom I work and live. In doing so, I make their lives less pleasant.

Some people seem to carry with them a grumpiness that lasts forever, even when it's a nice day for everyone else. I can think of at least four reasons why someone carries around a constant state of grumpiness.

**One reason** is having a truly miserable childhood. It's a tragedy that so many helpless children must endure verbal, physical and sexual abuse. Being constantly yelled at or physically assaulted by one or both angry parents, day after day, robs us of the ability to feel the joy Jesus wants for us. It's hard to suddenly put a smile on our faces, just because we've reached age 21.

**A second reason** for grumpiness is grief. When we get older, we lose our health, our friends, our spouse, and eventually everyone we love or who has loved us. It's nearly impossible to feel happy when we're lonely.

**A third reason** for grumpiness is physical pain. If we have arthritis or a bad back, or some other chronic illness, we can feel even more lonely. We like to say, "how are you?", but we don't really expect an answer. Nobody likes a complainer for very long.

**A fourth reason** for being grumpy is what St. Paul possessed, a naturally bad temper. Paul wasn't happy about this. He called it his "thorn in the flesh." He knew it caused him trouble with his work, and even with his friends. It cost him his friendship with St. Barnabus, who got along well with everyone. Paul gave himself no excuses. But he knew he needed God's help to change.

So how do we deal with a person who's always grumpy? Jesus has good advice here: "do not be afraid." We tend to be afraid of other people's anger, especially when it's directed toward us! So, we try to avoid them. We shouldn't allow ourselves to be intimidated by another person's anger. It's bad for them, and it's bad for us. Let's be braver than that.

It's very important to remember that the man or woman who seems bent on hurting me is bearing far more hurt in their own lives and hearts. Hearts are naturally soft. They're made hard for a reason.

The two greatest Christian virtues are patience and a sense of humor. Grumpy people give us a wonderful opportunity to grow in these virtues. We grumpy people can profit from growing in these virtues as well.

Simple acts of kindness bear fruit, even when the grumpy person doesn't respond the way we want them to. I'm a grumpy person who enjoys receiving completely unearned and unexpected acts of kindness. They soften MY heart, at least for a while.

So, if you're a chronically grumpy person, it's important to realize that grumpiness is doing neither you nor me any good. Jesus says: be compassionate, as your heavenly Father compassionate."

The Beatles - John, Paul, George and Ringo said; "in the end, the love you take is equal to the love you make."

If you're feeling down, find someone who needs you (there are a lot of them in this world) and do something that helps THEM, even in the smallest way possible, and you'll feel better.

Let's us all, you and I, work at carrying a smile on our faces. Life is so short. Don't waste any of it being grumpy!



Fr. Joe Scott, CSP

**2023 ROSARY RALLY**  
**Saturday, October 07, 2023**  
**(Feast of Our Lady of the Rosary)**

**SCHEDULE OF EVENTS:**

9:30AM Confessions available  
10:00AM Mass  
with Archbishop Salvatore J. Cordileone  
St. Mary's of the Assumption Cathedral  
1111 Gough Street, San Francisco, CA  
11:30AM Eucharistic Procession  
12:15PM Rosary, Chaplet of Mercy, and  
Benediction  
St. Boniface Church, 133 Golden Gate Ave., in  
San Francisco.  
Donuts and lunch available following the event

**SAVE THE DATE: October 05, 2023**  
**Catholic Charities 26<sup>th</sup> Annual Loaves & Fishes Gala**  
will be held at the Westin St. Francis in San  
Francisco on October 5, 2023. We are celebrating  
170 years of Catholic Charities and honoring  
parishioners Jack and Marie Fitzpatrick, recipients  
of our Faith in Action Award.  
Tickets, Sponsorship, and more information can be  
found at **CatholicCharitiesSF.org/Loaves and  
Fishes** or you can call 628-271-1170.  
We hope to see you there!

**BIBLE STUDY with FR. TOM TAVELLA**  
**Thursday, September 28, 5:00PM**

**READINGS : Sunday, October 01, 2023**  
**EZ 18:25-28; PHIL 2: 1-11; MT 21: 28-32**

**Join ZOOM Meeting**

<https://us02web.zoom.us/j/81936410610?pwd=SUpxZHVCOUU4dnZLV3dnVDh4C1J5QT09>

**Meeting ID : 819 3641 0610**

**Passcode : 016304**

**ALL ARE WELCOME!**



*Save the  
Date!*

**ON SUNDAY, OCTOBER 15<sup>th</sup> we will**  
**have our parish picnic/cookout**  
**in the auditorium. Stay tuned for**  
**more information!**

**Old St. Mary's Cathedral & Chinese Mission**  
**AAA 2023**

Campaign Goal : \$ 46,762.  
Payments Received : \$ 13,667. *(as of 9/19)*  
Needed to Reach our Goal : \$ 33,095.

**VOCATION RETREAT FOR SINGLE CATHOLIC  
WOMEN 18-40**

**WHAT IS GOD'S DREAM FOR YOU?** Explore your  
VOCATION with the Daughters of Charity of St.  
Vincent de Paul. See what being a Sister is all  
about. **September 29 – October 01, 2023 in Los  
Altos Hills, CA.** Stay with us \*Pray with us \*Ask  
questions \*Get to know us \*Become your best self  
\*Live your best life. For Single Catholic Women  
18-40. For more information go to—  
**[www.DAUGHTERS-OF-CHARITY.COM/retreats/](http://www.DAUGHTERS-OF-CHARITY.COM/retreats/)**

**FALL ZOOM TALK**  
**A FALL SPIRITUAL REFLECTION**  
**With Fr. Terry Ryan, CSP**

As we enter the autumnal season of change we  
reflect on changes that may and will take place  
in us if we are faithful to the spiritual practice on  
a daily basis. Some changes are stormy and  
chilling, but some are full of light and warmth.

**Saturday, September 30, 2023 | 9:00AM (MDT)**  
**Jubilee Hall, Sacred Heart of Jesus**  
**14th Street & Mapleton Avenue**  
**Boulder, CO 80304**

Join Zoom Meeting -

[https://us02web.zoom.us/j/82335845901?  
pwd=V0tLQmNLSTRsdTRMSjhMM3lHd01NUT09](https://us02web.zoom.us/j/82335845901?pwd=V0tLQmNLSTRsdTRMSjhMM3lHd01NUT09)

Meeting ID: 823 3584 5901

Passcode: 403982

There will be refreshments and the talk will be  
recorded. For more information, call 303-442-6158.

**MASS INTENTIONS FOR THE WEEK**

SEPTEMBER 23 - 30, 2023

**SATURDAY, SEPTEMBER 23**

5:00PM +Belen Tinio  
HEALING & RECOVERY - Francis Wong

**SUNDAY, SEPTEMBER 24**

9:00AM STRENGTH - Regina Bautista  
HEALING - Jonah Makai Dulay

11:00AM FOR THE PEOPLE  
FOR HEALING - Lidia Lam  
IN MEMORY of Anthony Lee

**TUESDAY, SEPTEMBER 26**

12:05PM FOR HEALING - Jonah Makai Dulay  
+Paul Schwartz

**WEDNESDAY, SEPTEMBER 27**

12:05PM HEALING - Jonah Makai Dulay  
+Ruth Ann Curata

**THURSDAY, SEPTEMBER 28**

12:05PM HEALING - Jonah Makai Dulay

**FRIDAY, SEPTEMBER 29**

12:05PM BIRTHDAY - Francis Baker

**SATURDAY, SEPTEMBER 30**

5:00PM +Fe Tinio  
THANKSGIVING - Rachel Telles

**Prayers for our Sick Parishioners, Loved Ones & Friends**

Fr. Thomas Foley, CSP, Fr. Daniel McCotter, CSP,  
Fr. Steve Bossi, CSP, Milt Commons, Cat & Regina  
Bautista, Ida & Carolyn Hom, Johnson & Nina  
Leu, Teresa Daniels, Stella Bielat, Mary Nham,  
Arnold Low, Oscar Mendoza, Maria Tan, Frankie  
Chios, Erlinda Cheng, Trish Bui, Mian Gancayco,  
Francis & Irene, The Verceles Family, Rachael Smit



***We Welcome . . .***

*People of All Faiths & All Races  
People of Diverse Cultures  
Divorced or Separated Persons  
Families with Children  
Gays & Lesbians  
Homeless Persons  
Loving Relationships  
Married Couples  
Single Persons  
Those in Recovery  
Travelers: Far and Near  
Widows & Widowers  
Visitors*

***We Seek . . .***

*To Live the Gospel of Jesus Christ  
To Gather the Community and tell the Story  
To Break the Bread and Share the Cup*

***We Celebrate...***

*Diversity  
A Spirit of Hospitality  
The Unity that God Wills  
Enlightening Those who Seek God  
Forming Small Faith Communities  
Reaching Out to Alienated Catholics  
Reverencing the Dignity of Each Person  
Caring for the Needs of the Less Fortunate  
Empowering Christians to Realize their Call  
Providing an Oasis in the Financial District  
Honoring Understanding among All Faiths  
Nurturing our Gifts and Sharing Them  
Supporting the Arts through Concerts  
Pursuing New Ways to Serve  
Being a Good Neighbor*

***We Treasure our Past***

***We Hope in the Future***

